

# HEART FAILURE (HF) DISCHARGE ORDERS

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DATE \_\_\_\_\_ Time \_\_\_\_\_

Discharge Diagnosis: \_\_\_\_\_

**Discharge:**

- Discharge to Home
- Give Patient/Family HF handout and educate. Handout includes information on activity, diet/nutrition, medications, weight monitoring, smoking, and what to do if symptoms worsen.

**Follow-up:**

- Primary care physician: \_\_\_\_\_
- Cardiologist: \_\_\_\_\_
- Other: \_\_\_\_\_

Follow-up studies: \_\_\_\_\_

Activity:  No Restrictions / Activity as tolerated  Walk daily

- Avoid the following for \_\_\_\_\_ days/week: \_\_\_\_\_
- Climb stairs  Tub/Bath  Shower  Drive
- Walk  Sexual activity

**DISCHARGE MEDICATIONS:**

**ACEI / ARB:** *NOTE:* If angiotensin converting enzyme (ACE) Inhibitor *or* angiotensin receptor blocker (ARB) are not ordered for LVEF <40%, contraindication must be listed for **BOTH**  **Not indicated (EF ≥40%)**

- ACEI: \_\_\_\_\_ dose \_\_\_\_\_ route \_\_\_\_\_ frequency \_\_\_\_\_
- or
- ARB: \_\_\_\_\_ dose \_\_\_\_\_ route \_\_\_\_\_ frequency \_\_\_\_\_

- Contraindication** to ACE inhibitor and ARB:  ACEI allergy AND ARB allergy  Azotemia
- Moderate or severe aortic stenosis  Excessive hypotension
  - Other reason not to prescribe ACEI or ARB: \_\_\_\_\_

Beta Blocker:

- \_\_\_\_\_

- Diuretic:  Spironolactone: \_\_\_\_\_ mg orally \_\_\_\_\_ x a day
- Furosemide: \_\_\_\_\_ mg orally \_\_\_\_\_ x a day
  - Other: \_\_\_\_\_ mg orally \_\_\_\_\_ x a day

Statin / Non-Statin Agent:

- \_\_\_\_\_

- Antiplatelet Therapy:  ASA 81mg orally daily  ASA 162mg orally daily  ASA 325mg orally daily
- Plavix 75 mg orally daily  Other \_\_\_\_\_

Other:  Digoxin \_\_\_\_\_ mg  orally Frequency \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician's Signature

Date/Time



PATIENT LABEL