

2018 Carson Tahoe Regional Medical Center Childbirth Education Classes

*Classes are held in the Bristlecone Room
Registration is required*

Childbirth Basics

Saturdays

9:00 am - 3:00 pm

January 20
February 10
March 17
April 21
May 12
June 16
July 14
August 11
September 15
October 20
November 10
December 15

Breastfeeding

Wednesdays

6:30 pm - 8:30 pm

January 17
February 21
March 21
April 25
May 9
June 20
July 18
August 29
September 26
October 17
November 7
December 12

Newborn Care

Saturdays

9:00 am - noon

January 13
February 17
March 10
April 7
May 5
June 9
July 21
August 4
September 22
October 13
November 3
December 8

Childbirth Education Series

6:30 pm - 8:30 pm

Monday Evenings

March 5 - March 26
June 4 - June 25
October 8 & 15
November 19 & 26

Tuesday Evenings

February 6 - February 27
May 8 - May 29
July 10 - July 31
September 18 & 25

Wednesday Evenings

August 1 - August 22

Thursday Evenings

January 4 - January 25
April 5 - April 26
December 6 & 23

Register at:

CarsonTahoe.com/Childbirth-Support

1600 Medical Parkway North
Carson City CarsonTahoe.com



CARSON TAHOE
HEALTH