

# Discounted Gym Memberships Carson Tahoe Health

# **Anytime Fitness**

2629 North Carson St. Carson City, Nevada 89706 775-222-0022

4530 South Carson St. Carson City, Nevada 89701 775-885-7771

#### NO Enrollment Fee

One-Time security activation fee per key: \$39.00 (Primary), \$30.00 Secondary Monthly Dues: \$30.00 (Primary), \$28.00 (Secondary) Annual Enhancement Fee: \$39.00 Tanning and Live Class Upgrade (month-to-month): \$10.00 Complimentary "One-on-One" Club orientation with a personal trainer.

#### **Anytime Fitness**

18603 Wedge Parkway, Ste. D-E, Reno, Nevada 89511 775-852-7007

4784 Caughlin Ranch Parkway Reno, Nevada 89519 775-622-8034

\$34.95 6 month minimum, \$35 key fob fee. Annual Enhancement Fee: \$35.00

#### **Anytime Fitness**

1130 N. Hills Blvd. Reno, Nevada 89506 775-677-2233

202 Silver Lake Rd. Reno, Nevada 89508 775-677-2900

3170 Vista Blvd. Sparks, Nevada 89463 775-358-1144

50 W. Liberty St. Reno, Nevada 89501 775-473-4040

\$36 a month with EFT for billing or \$40.50 debit/credit. They also receive a month of Personal Team Training.

Please see fitness information or call for pricing, each club is independently owned and operated, prices may vary by location.

# Charles Gracie Brazilian Jiu-Jitsu Academy Of Reno & Carson City

1335 Airmotive Way Reno, Nevada 89502 775- 324-4279

251 Janelle Dr. # 8 Carson City, Nevada 89703 775-830-4279

\$10.00 off EMS/Hospital group of 10 or more.

# Fitness For Life Personal Training Gym & Hotspot Yoga

195 E. Winnie Ln. Carson City, Nevada 89706 775-450-4556

DROP INS: \$12

5 Class Pass: \$55

10 Class Pass: \$100

Monthly Unlimited Yoga: \$85

# Fitness for Life Personal Training/

#### **Small Group Training**

Training 3/days a week plus gym use

and Nutrition: \$209/ monthly

### Flex Appeal

1101 Steamboat Parkway Unit 350 Reno, Nevada 89521 775-852-3539 \$30.00 Per Month/\$50.00 Enrollment Groups of five or more waived enrollment fee.

# Freestyle Fitness Martial Arts Academy

9650 S. McCarran Blvd. Reno, Nevada 89523 775-746-3888

Regular price \$99.99 Carson Tahoe Price, \$59.99 monthly. 1 Week free.

### I Love Kick Boxing

9333 Double R Blvd. Unit 1500 Reno, Nevada 89521 775-440-1205

Use code ILKBTEAM1, this will give you three classes, plus a set of gloves for \$10.00

## **Sports West Athletic Club**

1575 S. Virginia St. Reno, Nevada 89502 775-348-6666

5 employees to join to receive employee pricing. Discounted initiation fee (\$25) and discounted membership rates starting at \$45/month. Bring in either an employee badge or pay stub to receive this discount.

### Soul Space

100 West Liberty St. Suite 195 Reno, Nevada 89501 775-232-0449

Please contact the gym via email or on the phone to sign up. \$30 for 30 days trial, Discounts available through the company directly.

### **UFC Gym**

4875 Kietzke Ln. Reno, Nevada 89509 775-285-9340

Fitness challenges – Prices vary discounts available to teams/groups.

#### Yoga Pod Reno

13981 S. Virginia St. Reno, Nevada 89511 775-420-4663 Drop in classes are \$15.00, 10 class pass is \$140.00 and unlimited monthly yoga with barre membership is just \$89.00 a month.

### **Verity Fitness**

3456 N. Carson St. Carson City, Nevada 89706 775-887-7444

\$5.00 off any monthly membership.

#### Silver Strike CrossFit

3260 Centennial Park Dr Carson City 89706 775-720-8304

3 months for \$300 or one month for \$135. instructor led classes that are co Ed or girls only. We offer Crossfit, yoga, trx/barre classes. We offer FREE nutritional coaching as well. Silverstrikecrossfit@gmail.com

When visiting a gym for an employee discount please take your badge, and or a pay stub for employment verification.