

Carson Tahoe OB



We are experienced

We are knowledgeable, and comfortable where we are. We have lived through transitions and changes; moves and improvements; struggles and triumphs, and we call this part of our story. We know the past, we are present with you today, and **we look forward to the future.**

We are new

We are educated with up-to-date, **evidence-based science** as well as new ideas. We are ready to experience, to learn, to grow. We are passionate and ready to care for you. We are eager to make a difference in your health journey with you, for you, and because of you.

We are boisterous & outgoing

We inspire change, we create confidence, and when there needs to be improvement, we will be heard. We will advocate for you, be part of your team, and we will not be silenced. We will fight for you, we will make your desires known, and when you don't think you can do it anymore, **we will empower you** with courage letting you know that you are strong and *you can do this.*

We are calm & quiet

We observe, we listen, we hear you. We may not say much but when we do, we speak truth and wisdom. We bring calm in the midst of the storm. When you feel as if your body is being taken over and you can hardly think, we are the peace that you can cling too. In all the chaos you can hear our quiet voices guiding you to focus, to breathe, and help you fall into the rhythm of the cadence of our voice and suddenly all the overwhelm is shattered so that you can do this one thing.

We have traveled

We have come from big hospitals, small hospitals, birthing centers, surgery centers, academic based, and rural hospitals. We have seen it all. We have seen all different people from all different backgrounds: dirty, clean, wealthy, humble, destitute, and poor. We have heard and seen many stories, but no matter what your story is, it is the one we are living now. We are honored to be a part of it. **We know your story matters**, and we are grateful to have a supporting role to make your life changing story, the best it can be. We know that perhaps you may forget our names or even our faces, but we hope you will never forget how we made you feel, and how we helped usher you into your greatest role on this earth as a mom.

We are **part of your community**, born and raised here; We are battle born and proud to be serving our small but growing (thanks to you) community. We are proud to call this our home, to make a difference, and to serve you. We love how our community is knit together and how we have grown and changed. We want you to be proud of delivering here at our hospital because we, too, are honored to work here and be part of the team. We are the first Baby-Friendly® designated hospital in Nevada and we love to place your brand-new bundle of joy skin-to-skin with you as you hear the first cry and touch your baby's velvet skin and breathe in this baby who has made you a mom.

We are homegrown

This is Carson Tahoe Health OB. We are unique people each with different temperaments, character, and experiences. We carry our pasts, our joys, our love for others, our experiences, our education, and our training with us to bring balance to our team and bring out the best in each other. There is no one person better than another. We are a team; Your team. We are doctors, nurses, OB techs, unit clerks, house keepers, birth clerks, kitchen staff, volunteers, and management. We are here for you with one goal in mind: for you to go home as a happy healthy mom and new baby. Congratulations and thank you for choosing **Carson Tahoe Health.**

This is us.

