







Cardiovascular Rehabilitation Education Class Schedule



Mon, Wed, Fri: 9:15, 11:15, 2:15, 3:15

Tues & Thurs: 9:15 & 11:15

Monday	Tuesday	Wednesday	Thursday	Friday
2 Anatomy of the Heart 	3 Anatomy of the Heart 	4	5	6
9 Physiology of the Heart 	10 Physiology of the Heart 	11	12	13
16	17	18	19	20
23	24	25 Blood Pressure & Cholesterol 	26 Blood Pressure & Cholesterol 	27
30	31			

Strength training is offered each day Monday through Friday, unless otherwise indicated

Class schedule can also be found at:
<http://carsontahoe.com/cardiac-rehabilitation>