

# Cardiovascular Rehabilitation Education Class Schedule



Mon, Wed, Fri: 9:15, 11:15, 2:15, 3:15  
 Tues & Thurs: 9:15 & 11:15

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5 	6 	7
10	11	12 Medications 	13 Medications 	14
17	18	19 Support Group 	20 Support Group 	21
24 <b>AM                      CLASSES                      ONLY</b>	25 <b>CLOSED</b> 	26 <b>CLOSED</b> 	27	28
31 <b>AM                      CLASSES                      ONLY</b>				

Strength training is offered each day Monday through Friday, unless otherwise indicated.

Class schedule can also be found at:  
<http://carsontahoe.com/cardiac-rehabilitation>