



# Community Food Resources



CARSON TAHOE  
HEALTH

*Here's to your health.*



# FISH

FISH meets the temporary and emergency needs of the hungry, homeless, and under-employed of our community.

## **Services:**

FISH provides the following services in rural Northern Nevada, in addition to many others.

- 3 Food Banks located in Carson City, Dayton, and Gardnerville
- Dining facility located in Carson City.
- The Ross Medical Clinic located in Carson City

In order to evaluate the emergency and/or temporary needs of each client, an in-person interview at the Fish center/office is the first step for anyone needing a “hand-up” during a time of need. No appointment is needed and clients are seen on a first-come, first-served basis.

## **Locations:**

### Carson City

138 E. Long Street, Carson City

Monday - Friday from 9:00 AM - Noon / 1:00 - 5:00 PM

(775) 882-FISH (3474)

### Ranchos Family Service Center

921 Mitch Drive, Gardnerville, NV 89460

Mon., Tues., Wed., Fri. from 10:00 AM - 5:00 PM

Thursday from 10:00 AM - 6:00 PM

(775) 265-FISH (3474)

### Carson City Family Dining Room

138 E. Long Street, Carson City

Open 363 days a year (closed on Nevada Day Parade day and Thanksgiving)

Monday - Saturday from 3:00 - 5:30 PM

Sunday from 3:00 - 5:00 PM

**Cost: FREE**



# Ron Wood

Extra food for your time in need.

The Community Essentials Emergency Food Bank is for any family who needs food during a crisis. Food is donated by local organizations wanting to help their neighbors. The Community Essentials Emergency Food Bank's purpose is community collaboration to assist others in obtaining fundamental items that improve quality of life.

## Services:

When available, the center stocks perishable and non-perishable food, as well as hygiene items, and distributes them to the community free of charge.

There are no eligibility requirements

Please be sure to bring picture ID and proof of residency.

Donations are accepted year-round: Non-perishable food, toiletries, toilet paper, laundry soap, diapers, and more.

## Location:

### Ron Wood Family Resource Center

2621 Northgate Ln. (Ste. 50), Carson City  
Monday - Tuesday from 10:00 AM - 2:00 PM  
Wednesday from 11:00 AM - 3:00 PM  
Thursday - Friday from 10:00 AM - 2:00 PM

**Cost:** FREE with proof of residency and photo ID.



# Salvation Army - Carson City Corps



The Salvation Army is committed to doing the most good for the most people in the most need. The nation's largest faith-based charity, The Salvation Army serves 30 million people each year through a broad array of social services.

## **Services:**

## **Location:**

### **Carson City**

911 E. 2nd Street, Carson City  
(775) 887-9120

**Cost:** FREE

## Carson City Senior Center

The Carson City Senior Center serves lunch daily in its dining room. At this time, we do not serve special dietary meals.

## **Services:**

Reservations are not required for lunch. The first time you dine at the Carson City Senior Center, we ask some basic information so we can receive reimbursement for your meal. If you desire to eat there more than once, we issue you a scan card which helps us account for all of our meals.

The first Friday of every month, the Center celebrates those who have a birthday with a lovely meal. Ice cream and cake are also served. The oldest male and female celebrating their birthday are crowned *King* and *Queen* for the day.

## **Location:**

### **Carson City**

911 Beverly Dr., Carson City  
Monday - Friday from 11:00 AM - 12:30 PM  
(775) 883-0703

**Cost:** For individuals age 60 and over or married to an individual 60 or over, the suggested donation for lunch is \$2.25. Lunch for individuals under age 60 and not married to someone age 60 or over, must pay \$6.00 for lunch.

# Northern NV Dream Center

The Northern Nevada Dream Center was created out of a vision to bring hope and relief to residents in our local communities. The Dream Center's purpose is to meet basic needs and provide assistance through existing and future services. The Food Pantry is just one way the Dream Center is reaching the hungry in Northern Nevada.

## Services:

In some cases, delivery is available to those who are homebound or without transportation. Please call us at (775) 443-4090 for more information.

### Food Truck Ministry

The Northern Nevada Dream Center was recently blessed with a second truck for the Food Truck Ministry, now making it possible for them to serve in four neighborhoods each month. If you would like to volunteer, make a donation towards this ministry or need further information contact us here or call (775) 443-4090.

### Food Truck Schedule:

#### University Heights Apartments

- Every 2nd Saturday at 11:00 AM

#### Southgate Apartment

- Every 2nd Saturday at 10:00 AM

#### Foothill Gardens Apartments

- Every 4th Saturday at 11:00 AM

#### Parkway Plaza Apartments

- Every 4th Saturday at 10:00 AM

## Location:

### Northern NV Dream Center

3579 Hwy 50 East #211, Carson City

Every 1st and 3rd Friday from Noon - 4:30 PM

4th Saturday of each month from 1:00 - 3:00 PM

(775) 443-4090



# NV Food for Thought



Food for Thought and their volunteers are dedicated to helping hungry children in their community by providing food, as well as solutions, resources and increased awareness, to combat hunger.

**Services:**

Send children home from school on Fridays with a backpack of healthy food. The program serves approximately 16 elementary schools in the Carson City area. Children are identified by the schools and referred by the school administrator.

**Locations:****Carson City**

3246 N. Carson St. #118

Carson City, NV 89706

Monday - Thursday from 9:00 AM - 1:00 PM

(775) 885-7770

**Cost:** FREE



# Carson Valley Community Food Closet

Carson Valley Community Food Closet is a non-profit 501(c)(3) organization providing food to qualifying residents in Douglas County.

The Food Closet is supported by donations from local individuals, churches, community service groups and business. Many food items are donated directly to the Food Closet while others are purchased through their partnership with the Food Bank of Northern Nevada.

## Services:

Basic commodities are provided on a monthly basis to participating to supplement their food supply. They strive to provide participants with a variety of healthy food from each food group. In addition, they can assist with food vouchers to augment current food supply and do distribute food commodities to qualifying seniors at their site.

## Location:

### Gardnerville

1251 Waterloo Lane

Gardnerville, NV 89410

Mon., Tues., Wed., Fri. from 12:30 - 4:00 PM

Donations can be dropped off 9 AM - 4 PM

(775) 782-3711

Fax: (775) 782-4452

**Cost:** Food vouchers and food commodities for seniors require income verification  
Food Pantry is FREE with Nevada ID, proof of Nevada residency (federal requirement)



# Healthy Communities Coalition Food Pantry



The food pantries at Healthy Communities Coalition are part of their Healthy Food Hub, which is a regional effort to increase access to affordable, local and sustainably grown food.

## **Services:**

During the last week of each month, USDA Commodities will be available for pick-up during normal Food Pantry hours. Emergency Food Boxes are limited to one a week per household. Individuals may pick up food for their household only.

## **Locations:**

### Dayton

209 Dayton Valley Road  
Dayton, NV 89403  
Monday - Thursday from 10:00 AM - 4:00 PM  
(775) 246-7834

### Silver Springs

Silver Stage Food Pantry  
3595 Ramsey Weeks Cutoff  
Silver Springs, NV  
Monday - Friday from 10:00 AM - 4:00 PM (Closed holidays)

### Yerington

Yerington Food Pantry  
124 West Bridge Street  
Yerington, NV  
Wednesday from 10:00 AM - 5:00 PM

**Cost:** FREE with Nevada ID and proof of residency