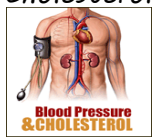
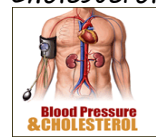


Cardiovascular Rehabilitation Education Class Schedule



Mon, Wed, Fri: 9:15, 11:15, 2:15, 3:15

Tues & Thurs: 9:15 & 11:15

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
		1	2	3
6	7	8	9	10
13	14	15 Support Group 	16 Support Group 	17
20	21	22 Blood Pressure & Cholesterol 	23 Blood Pressure & Cholesterol 	24
27	28	29 Medications 	30 Medications 	31

**Strength training is offered each day Monday through Friday,
unless otherwise indicated**

Class schedule can also be found at:

<http://carsontahoe.com/cardiac-rehabilitation>