

Hosted by Carson Tahoe Health's Diabetes Education



DIABETES HEALTH FAIR



SATURDAY, NOVEMBER 14 | 9AM - 12PM

Carson Tahoe Regional Medical Center | 1600 Medical Parkway, Carson City

PRESENTATIONS FROM LOCAL ENDOCRINOLOGISTS AND DIABETES SPECIALISTS BEGIN AT 9AM

9:00AM - 9:20AM

INTRODUCTION & DIABETES EDUCATION PROGRAM OVERVIEW

Laura Deverse MS, RD, LD, CDCES

9:25AM - 9:40AM

DIAGNOSIS AND EARLY EVALUATION OF DIABETES

John Sutton, DO

9:45AM - 10:00AM

DIABETES IS MORE THAN JUST BLOOD SUGAR

How Diabetes Affects the Body

Eng Keong Tan, MD

10:05AM - 10:20AM

THE EMOTIONAL SIDE OF DIABETES: YOU'RE NOT FAILING - DIABETES IS HARD

Mental Health & Diabetes Impact on Individuals and Families

Daniel Caruso, MD

10:25AM - 10:40AM

FROM FINGERSTICKS TO SMART INSULIN: HOW TECHNOLOGY IS CHANGING DIABETES CARE

Diabetes Technology: CGMs & Insulin Pumps

Joi Hester, MD

10:45AM - 11:00AM

FOOD, BLOOD SUGAR & DIABETES: MAKING IT WORK IN REAL LIFE

Laura Deverse MS, RD, LD, CDCES



Plus, explore topics like blood glucose meters, continuous monitors, insulin pumps, foot care, heart health, mental wellness, nutrition, and physical activity —along with a **food demo table, games, quizzes, giveaways, and more!**