

FEEL BETTER, LIVE HEALTHIER IN 2026

Carson Tahoe Health offers discounted nutrition counseling visits to help you reach your health goals.



Carson Tahoe Health is excited to offer discounted Nutrition Visits in 2026!

Take advantage of this limited-time promotion in **March**, **June**, and **September** if your insurance doesn't cover nutrition therapy - no physician referral required to schedule.



DISCOUNTED PRICING

60-minute Nutrition Visit: Self-pay \$90

30-minute Nutrition Visit: Self-pay \$50

Payment is done at time of service

To schedule an appointment, call (775) 445-5500.