



Discounted Gym Memberships

For Carson Tahoe Health Employees

Anytime Fitness

2629 North Carson St. Carson City, NV 89706

775-222-0022

4530 South Carson St. Carson City, NV 89701

775-885-7771

NO Enrollment Fee

One-Time security activation fee per key: \$39.00 (Primary), \$30.00 Secondary Monthly Dues: \$30.00 (Primary), \$28.00 (Secondary) Annual Enhancement Fee: \$39.00 Tanning and Live Class Upgrade (month-to-month): \$10.00 Complimentary "One-on-One" Club orientation with a personal trainer.

Anytime Fitness

18603 Wedge Parkway, Ste. D-E, Reno, NV 89511 775-852-7007

4784 Caughlin Ranch Parkway Reno, NV 89519 775-622-8034

\$44.95 for a 6-month minimum agreement, \$45 key fob fee. Annual Enhancement Fee: \$45.

Anytime Fitness

1130 N. Hills Blvd. Reno, NV 89506

775-677-2233

202 Silver Lake Rd. Reno, NV 89508

775-677-2900

3170 Vista Blvd. Sparks, NV 89463

775-358-1144

50 W. Liberty St. Reno, NV 89501

775-473-4040

\$22.50/bi-weekly EFT billing. They also receive a one free Personal Team Training.

ANYTIME FITNESS LOCATIONS are independently owned and operated. Please see fitness information or call for pricing. Prices may vary by location.

Charles Gracie Brazilian Jiu-Jitsu Academy Of Reno & Carson City

1335 Airmotive Way Reno, NV 89502

775- 324-4279

251 Janelle Dr. # 8 Carson City, NV 89703

775-830-4279

\$10.00 off EMS/Hospital group of 10 or more.

Fitness For Life Personal Training Gym & Hotspot Yoga

195 E. Winnie Ln. Carson City, NV 89706

775-450-4556

DROP INS: \$12

5 Class Pass: \$55

10 Class Pass: \$100

Monthly Unlimited Yoga: \$85

Fitness For Life Personal Training/ Small Group Training

Training 3/days a week plus gym use and Nutrition: \$209/ monthly

Flex Appeal

1101 Steamboat Parkway Unit 350 Reno, NV 89521

775-852-3539

\$30.00 Per Month/\$50.00 Enrollment Groups of five or more waived enrollment fee.

Freestyle Fitness Martial Arts Academy

9650 S. McCarran Blvd. Reno, NV 89523

775-746-3888

Regular price \$99.99 Carson Tahoe Price, \$59.99 monthly. 1 Week free.

I Love Kick Boxing

5110 Mae Anne Ave #704, Reno, NV 89523

775-440-1205

Use code ILKBTEAM1, this will give you three classes, plus a set of gloves for \$10.00

UFC Gym

4875 Kietzke Ln. Reno, NV 89509
775-285-9340

Fitness challenges – Prices vary discounts available to teams/groups.

Sports West Athletic Club

1575 S. Virginia St. Reno, NV 89502
775-348-6666

5 employees to join to receive employee pricing. Discounted initiation fee (\$25) and discounted membership rates starting at \$50/month. Bring in either an employee badge or pay stub to receive this discount. FREE Day Pass for any employee who wants to try the gym initially.

Yoga Pod Reno

13981 S. Virginia St. Reno, NV 89511
775-420-4663

Drop in classes are \$15.00, 10 class pass is \$140.00 and unlimited monthly yoga with barre membership is \$40 for the first month and then \$89.00 a month there after.

Silver Strike CrossFit

3260 Centennial Park Dr. Carson City, NV 89706
775-720-8304

3 months for \$300 or one month for \$135. All classes are personalized, instructor led classes. We offer Crossfit, yoga, TRX classes, and monthly specialty classes, all for one cost. FREE nutritional coaching as well.

Silverstrikecrossfit@gmail.com

Fitness For 10

829 Fairview Dr. Carson City, NV 89701
775-885-1871

1925 W. Williams Ave. Fallon, NV 89406
775-867-3310

130 Shadow Ln. #2 Fernley, NV 89408
775-980-6910

1575 E. Lincoln Way Sparks, NV 89434
775-352-8663

\$0 Enrollment for all monthly plans.
\$150 Paid in full option for VIP+ plan. Normally \$239

<https://fitnessfor10.com/>

When visiting a gym for an employee discount please take your badge, and/or a pay stub for employment verification.