

COMMUNITY HEALTH NEEDS ASSESSMENT (CHNA) ACTION PLAN

You can read the Community Health Needs Assessment
compiled in 2022 at the links below:

[Carson Tahoe Health Exec. Summary](#)

[Carson Tahoe Health Report](#)

Priority Rank	Need	Action	Partners	Impact
1, 2, 7, 11	BEHAVIORAL HEALTH: Increase number of mental health providers and psychiatrists for children and adults, as well as crisis care	<ul style="list-style-type: none"> Actively recruit for BHS physicians, APCs and therapists <ul style="list-style-type: none"> Fundraising campaign for youth crisis center Increase school-based outreach/support & access to outpatient therapy <ul style="list-style-type: none"> Expand space for outpatient therapy Perform Physician Needs Assessment to assist with recruiting strategy Expand "Emotional Health First Aid" educational offerings in community <ul style="list-style-type: none"> Work with Nevada Peer Support Network (NNPSN) to expand crisis resources for caregivers, first responders and families locally 	<ul style="list-style-type: none"> State of Nevada Carson City Health & Human Services Boys & Girls Club of Western Nevada Northern Nevada Peer Support Network Dayton, Douglas, Carson School Districts Nevada Health Centers Healthy Communities Coalition of Lyon and Storey Counties Faith-based communities 	<ul style="list-style-type: none"> Broaden access to care in outpatient settings, before crisis state Assist with destigmatization of mental health challenges <ul style="list-style-type: none"> Empower peers and community members by deepening awareness/skills/tools for helping one another
4	CARE COORDINATION: Improve care coordination between CTH, other clinics, doctors, and other health service providers	<ul style="list-style-type: none"> Streamline CTH centralized scheduling Ambassadors/Provider Liaison outreach/interface Collaboration w/Community Coalition, multi agency task force caring for most vulnerable Grow Transitional Care Model 	<ul style="list-style-type: none"> Independent & Specialty Clinics Community Agencies Nevada Health Centers Carson City Health & Human Services 	<ul style="list-style-type: none"> Improving communication/interface between providers of services speeds care delivery & enhances confidence for community members
6 & 8	SUBSTANCE USE: Improve drug/substance abuse early intervention, prevention and treatment services	<ul style="list-style-type: none"> Community-wide educational outreach: CTH Health & Wellness Institute, Weekly Farmer's Market, Mainstreet Gardnerville booths Safe, outdoor fresh air care area for BHS inpatients 	Dayton, Carson, Douglas School Districts, Farmer's Market Mainstreet Gardnerville	<ul style="list-style-type: none"> Promoting awareness of resources available and improving accessibility helps destigmatize addiction and puts tools that can help in more hands <ul style="list-style-type: none"> Outdoor fresh air patio makes inpatient treatment easier to succeed
9	TRANSPORTATION: Improve transportation for healthcare services, especially in rural areas	<ul style="list-style-type: none"> Activate CTH home-bound transportation Help promote RSVP's door-to-door volunteer transportation programs for seniors/diabled folks Taxi/ bus vouchers education promotion 	<ul style="list-style-type: none"> Nevada Rural Counties Retired & Senior Volunteer Program (RSVP) Community Donors 	Improves access to care
10	ACCESS TO SPECIALTY CARE: Increase access to specialty health care providers (i.e., neurologists, endocrinologists)	<ul style="list-style-type: none"> Ongoing, robust recruiting Employ specialty providers who would otherwise leave community <ul style="list-style-type: none"> Provide marketing support Remote patient monitoring Utilize Physician Needs Assessment data to strategize Increase frequency and reach of specialty care provider appointments in rural areas 	<ul style="list-style-type: none"> University of Utah 	<ul style="list-style-type: none"> Decreases wait time for appointments with specialty care providers, as well as decreases transportation barriers for rural patients
12	BASIC NEEDS: Increase access to affordable, quality childcare	<ul style="list-style-type: none"> Joint Venture: CTH provides land, Boys & Girls Club of Western Nevada builds & operates 24/7 early learning center & daycare 	<ul style="list-style-type: none"> Boys & Girls Club of Western Nevada Community donors Grant funding 	<ul style="list-style-type: none"> Access to 24/7 Early Learning Center childcare supports community's nighttime caregivers and hospitality workers
13	ACCESS TO PRESCRIPTIONS: Increase access to affordable/available prescription drugs	<ul style="list-style-type: none"> Establish internal multi-disciplinary task force Ongoing monitoring system tracks scarce meds Establish community supply alert system Awareness/Outreach for insurance sign ups Assist with transportation resources to pharmacies 	<ul style="list-style-type: none"> Local pharmacies CTH multi-disciplinary team Nevada Rural Counties Retired & Senior Volunteer Program (RSVP) 	<ul style="list-style-type: none"> Puts lifesaving medications in people's hands with minimized delays and barriers
14	CHRONIC CARE SUPPORT: Increase services for people with complex chronic health conditions	<ul style="list-style-type: none"> Remote patient monitoring Expand screening locations (i.e. Dayton, Douglas, South Lake) and options (like pulmonary rehab) <ul style="list-style-type: none"> Educational outreach/Health & Wellness offerings Clinic point of service educational videos Promote better MyChart utilization Build upon existing clinic chronic care management Increase Psycho-Social Distress Screening referrals for cancer patients identified as needing resources 	<ul style="list-style-type: none"> Senior Centers Carson City Health & Human Services Nevada Rural Counties Retired & Senior Volunteer Program (RSVP) CTH Cancer Committee BHS 	<ul style="list-style-type: none"> Intentional broadening of outreach, access and education related to resources to help both physical and mental health creates a more dynamic support network for those with chronic conditions
15	SUBSTANCE USE RECOVERY: Increase the number of programs to help recovery patients stay healthy	<ul style="list-style-type: none"> Expand outpatient services Create outpatient center for community-building CTH Health & Wellness Institute resilience and coping classes (CALM-type) 	<ul style="list-style-type: none"> Complementary health providers: yoga, acupuncture, breathing, meditation 	<ul style="list-style-type: none"> Offering a myriad of natural coping tools to complement conventional therapies
17	ACCESS TO PRIMARY CARE: Increase the number of primary care services (such as a family doctor or other provider of routine care)	<ul style="list-style-type: none"> Remote patient monitoring Enhance "grow our own" initiatives: boost residencies, preceptorships, STEM/ HOSA opportunities for connection <ul style="list-style-type: none"> Deploy initiatives for enhancing provider engagement/retention Designate Provider Liaison Boost recruitment marketing Act upon results from Physician Needs Assessment Promote more robust MyChart utilization 	<ul style="list-style-type: none"> Expand internship/clinical education partnerships with schools across USA 	<ul style="list-style-type: none"> Attracting and retaining engaged providers improves access and well being of community
20	SOCIAL CONNECTION: Develop community programs to increase social connectivity	<ul style="list-style-type: none"> Deploy CTH Service Squad Incentivize/promote volunteerism Boost community-building HWI offerings, like "Walk with a Doc", communal cooking classes, Cardio Boxing, Pelvic Floor Strengthening Bolster grief support network 	<ul style="list-style-type: none"> Area non-profits CTH Human Resources Center for Hope & Healing Senior Centers CCHHS "Elder Village" Program 	<ul style="list-style-type: none"> By creating a variety of in-person vehicles for people to experience connection, loneliness and isolation diminishes