

HOW TO ENROLL



- Step 1 Go to uhealthplan.utah.edu/carsontahoe and click the Enroll Now button. *Must use Firefox or Chrome
- Step 2 Enter your last name and the last (4) four digits of your social security number.
- Step 3 Enter personal info and create a Username/Password
- Step 4 Click "Next"
- Step 5 Update any demographic information on the next screen by clicking "Change" in the top right corner of the box you are wanting to change.
- Step 6 Click "Select Benefits"
- Step 7 Add "Add person". If your spouse has health insurance available through their employer, mark "Yes" in the Employer Coverage available section. They will not be eligible for Medical benefits on your plan if they have access through their own employer, but are still eligible for dental/vision.
- Step 8 Choose your benefits: Medical, Dental, Vision. If you do not wish to enroll in one or any of these plan options, please select "Waive Coverage".

As you make your elections you will see Carson Tahoe Hospital's flex credit contribution adjust according to what you select.

Depending on what plan you choose you will have the opportunity to contribute to the following:

- HSA (only if you chose the High Deductible Health Plan)
- FSA (if you have an HSA plan you will not be able to contribute to FSA)
- Dependent Care

Once you are done, click "COMPLETE ENROLLMENT" at the bottom of the page. An email summary will be sent to you

For questions, contact Customer Service at
833.661.3915

To learn more visit
uhealthplan.utah.edu/carsontahoe



HEALTH PLANS
UNIVERSITY OF UTAH